



## PSHE Long Term Plan

<b>P</b>	Persevere and build resilience (Sticky tape)	<u>Going for goals</u> <ul style="list-style-type: none"> <li>• Motivation</li> <li>• Self-awareness</li> <li>• Taking responsibility</li> <li>• Building confidence and self-efficacy</li> <li>• Goal directed learning and behaviour</li> </ul>	Term 2
<b>L</b>	Love to learn (Key)	<u>Good to be me</u> <ul style="list-style-type: none"> <li>• Understanding feelings</li> <li>• Considering our strengths and weaknesses</li> <li>• Managing empathy and standing up for yourself</li> </ul>	Term 4
<b>A</b>	Always be brave and learn from mistakes (Hard hat)	<u>Getting on and Falling out</u> <ul style="list-style-type: none"> <li>• Managing feelings and social skills</li> <li>• Working well together in a group</li> <li>• Managing anger and resolving conflict</li> </ul> <u>Say no to bullying</u>	Term 3
<b>T</b>	Tickle your curiosity (Magnifying glass)	<u>New beginnings</u> <ul style="list-style-type: none"> <li>• Seeing yourself as a valued individual within your community</li> <li>• Contributing to your community</li> <li>• Exploring and managing feelings</li> </ul> <u>Say no to bullying</u>	Term 1
<b>T</b>	Together as a team (Putty)	<u>Relationships</u> <ul style="list-style-type: none"> <li>• With family and friends</li> <li>• Managing feelings and empathy</li> <li>• Understand the feelings associated with an experience</li> </ul> <u>Say no to bullying</u>	Term 5
<b>'S</b>	Strive to improve (Tape measure)	<u>Changes</u> <ul style="list-style-type: none"> <li>• Understand and manage positive and negative feeling associated with change</li> <li>• Equip children with an understanding of different types of change</li> </ul>	Term 6